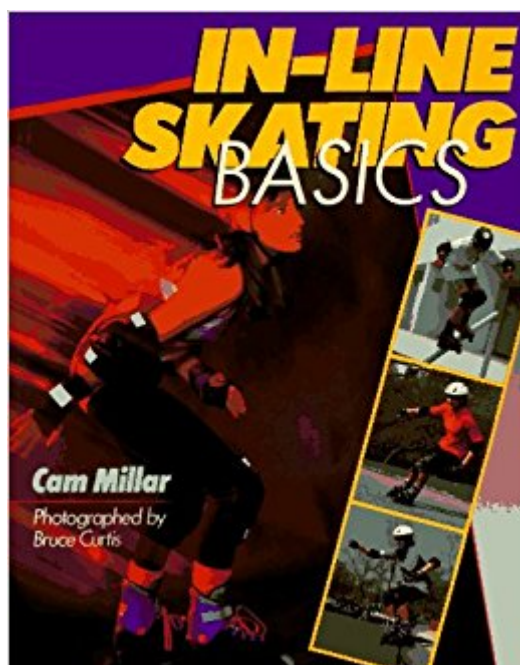


The book was found

In-Line Skating Basics



Synopsis

Packed with photos, this unique, handy guide by a top coach can help anyone join in the action. The sequential approach presented here provides a sound base of balance and stay-in-shape technique that prepares you for all forms of more advanced in-line skating, like roller hockey and dancing. Find out how to choose the right pair of skates and appropriate protective gear, and then get ready to roll! 96 pages (all in color), 8 x 10.

Book Information

Age Range: 9 and up

Paperback: 96 pages

Publisher: Sterling (December 31, 1996)

Language: English

ISBN-10: 080693851X

ISBN-13: 978-0806938516

Product Dimensions: 10 x 8.1 x 0.3 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #4,822,448 in Books (See Top 100 in Books) #97 in [Books > Sports & Outdoors > Individual Sports > Rollerskating & Rollerblading](#) #13278 in [Books > Children's Books > Sports & Outdoors](#) #40897 in [Books > Children's Books > Activities, Crafts & Games](#)

Customer Reviews

This a real wonderful book with sequence colour pictures for all the basic movements. It's a joy to read this book. There is nothing else in this book really, just techniques and techniques. It's pure skating.

Good book for the beginner. Lots of pictures. Reviews various techniques. Would like to have more explanation at times.

This book is about basic technique. The picture sequences are very good and show exactly how to execute these basic techniques. Although the descriptions are not very involved, the photos make it clear what the authors are trying to teach. This is a good companion to Get Rolling by Liz Miller.

satisfied

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